



*Digestive  
Health  
Specialists*

OF THE SOUTHEAST

Flowers Hospital  
4370 West Main Street  
Dothan, AL 36305  
(334)793-5000

Dothan Surgery Center  
1450 Ross Clark Circle  
Dothan, AL 36301  
(334) 793-3442

SE Ala. Medical Center  
1108 Ross Clark Circle  
Dothan, AL 36303  
(334)793-8111

## INSTRUCTIONS FOR OUTPATIENT PROCEDURES/COLONOSCOPY

### GENERAL INSTRUCTIONS

1. Someone must come with you for this procedure. This person must be able to stay with you and drive you home after the procedure.
2. Please make arrangements to be at the Hospital or Surgery Center for the entire day of your procedure (average time required may be only 4-6 hours).
3. Please leave all jewelry at home.
4. Do not take any aspirin, aspirin products, or arthritis medication for one week prior to procedure. Do not take any diet medication for 10 days prior to your procedure. Do not take any blood thinning medications such as Plavix, Coumadin, Aggrenox or Effient for 3-5 days prior to your procedure.
5. On the day of our test, you may take any heart medicine or blood pressure medicine that you usually take, with a very small sip of water.
6. Please bring all of your home medications with you.
7. Make your nurse aware of any drug allergies or possible complicating medical conditions.
8. Upon arrival the morning of your test or procedure, if you are at one of the hospitals, register at the Outpatient Surgery Department. If you are at the Surgery Center, register at the front desk.
9. There is a waiting area for your family to wait during your test or procedure.
10. Under normal circumstances, you should be able to go home the day of your procedure.
11. It is recommended that you not travel for two weeks after your procedure.